

Embracing All the Possibilities





"To partner with at-risk and special needs children, youth, and young adults to build happier, healthier, and more hopeful lives within families and communities."

2021 Annual Report

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President's Letter

I am so proud to be able to present to you the 2021 YCS Annual Report. It embodies the courageous achievements of our participants and the staff who have stood by their sides and guided them through this momentous past year. With renewed confidence, these individuals and their families now have brighter hope for their futures. As an organization, we too, feel stronger and more determined as we look ahead.

The Coronavirus crisis was a test of our ability to quickly adapt our services to assist the vulnerable children and families in our care – many of whom were once again traumatized by circumstances outside their control. Like the founders of YCS who stepped up to care for women & children left orphaned by the 1918 Spanish Flu, we rallied to do whatever was necessary to maintain the level of care that all our participants deserved.

We also realized if we could modernize our infrastructure everyone at YCS – staff and participants alike – would benefit. Despite the roadblocks of the Pandemic, I am awed by the ingenuity and speed with which senior management worked together with frontline staff to enhance our operations and subsequently advance our mission. We have been able to accomplish the seemingly impossible with the generous support of our donors, corporate and private grantors and the staunch support of the State.

As we begin our new fiscal year, I eagerly look forward to working side by side with my colleagues and our supporters to help many more struggling families create their own victories, while ensuring YCS is recognized for its workplace excellence.

With sincere respect,

Tara Augustine

President/CEO



Board Chair Letter

In 2020, I was constantly amazed by the inspiring reports the Board received about the heroic efforts of YCS staff working on the frontlines. We owe our sincere gratitude to the hundreds of employees who stepped up and put the children's safety and health before their own. The stories in this annual report reflect just a fraction of their tireless efforts and the victories they helped the families in their care achieve. It goes without saying that we could have never done this without all the valuable resources donated by our generous supporters.

Now, as the nation slowly begins to reopen, we are enthusiastically engaged in formulating goals and objectives for 2022 and beyond. With the unique skill sets and expertise of four new Trustees, our dedicated Board is that much stronger. Looking ahead, we want to concentrate on supporting the personal and professional development of our employees and enhancing the quality of life for YCS participants.

It is our responsibility as Board members to collaborate with the leadership in obtaining the resources they need to create an environment where staff can flourish, receive ample training, are fairly compensated, and are acknowledged for their efforts. At the same time, we are invested in assisting the agency acquire the resources needed to maximize the growth and development of every participant.

The adversity the YCS Family confronted during this daunting health crisis was met with tenacity and determination; it has made us more resilient, wiser and compassionate. We were able to weather this storm because of the many individuals and organizations who stuck by us every step of the way. On behalf of all the Trustees, I extend my sincerest thanks and appreciation to you all.

Respectfully,

John Uzzi Board Chair

Board Leadership

YCS, Inc.

John Uzzi

Board Chair

Faye Samuels

Vice Chair

Herbert Ouida

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Catherine Tamburello

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Steve Grossman

Peggy Kabakow

Bernie Koster

Faye Samuels



Dedicated to Our Employees

This Annual Report is dedicated to all Heroic YCS Employees

We knew at the start of this unprecedented health crisis, that despite so many uncertainties, we needed to be proactive and set our own course to protect everyone in the YCS Family. With 430 residents in 44 homes across the State, the task was formidable. We immediately set up several COVID quarantine sites to isolate residents who had been exposed to the virus, and with the support of YCS nursing, maintenance, and purchasing departments, we developed a plan to ensure that every residence was thoroughly sanitized daily and equipped with ample PPE supplies to prevent the spread of the virus.

Leadership met virtually every day for a year to keep everyone up to date of the status of staff and residents' health, program needs, and the latest State and CDC guidelines. If we were going to keep the children safe in our residences, we needed to be sure that the physical and mental health needs of the heroic frontline staff were addressed. We offered free COVID testing at designated sites, supplied everyone with masks, gloves and hand sanitizers and implemented virtual, drop in, counseling meetings twice a week for staff who were struggling with their own personal issues.

Our courageous, frontline workers put their own fears aside to come to work every day and reassure the participants that everything was going to be okay. Oftentimes, a colleague worked back-to-back shifts if a home was short staffed. In many instances, when a home was in quarantine, staff worked around the clock for a week or two at a time. Because of their selfless comradery, our participants remained safe.

For our children and young adults who have complex mental health challenges and intellectual/developmental disabilities, the COVID-19 crisis was challenging in many ways. They did not understand why they could not go home or see their families. Our compassionate, direct care staff became surrogate parents providing constant comfort, reassurance, and the stability they needed to fully live each day.

Not to be forgotten, the faculty at the YCS George Washington School pitched in to pack and deliver a week's worth of breakfasts and lunches to many students who were faced with food insecurity during the school's lockdown, while the Sawtelle Learning Center remained open for in person school days for our students who would not benefit from remote learning.

Throughout this Pandemic, the YCS Foundation has been a force to be reckoned with. They mobilized donors and volunteers to aid in countless ways and were often the ones who picked up donations and delivered them to the sites.

We wish that we could share with you all the stories of consummate acts of kindness and courage of our fellow employees. In its stead, we dedicate this annual report to every YCS frontline hero.

About Us

Our History

In 1918, YCS opened its heart and doors to help orphaned children and distraught women who suffered from extreme emotional and financial distress in the aftermath of the First World War and Spanish Flu. YCS has never strayed from its mission and now, over 100 years later, has become a statewide non-profit, behavioral health and social services agency that has provided comprehensive, therapeutic services to thousands of individuals, birth through adulthood, with complex special needs. Some of the children in YCS' care are separated from their loved ones and have been affected by trauma, others are challenged by life-long intellectual/developmental disabilities and co-occurring mental health disorders. In every case, YCS is committed to helping individuals rebuild their lives and develop the skills to reach their full potential in a safe, nurturing environment. Today, YCS operates 60 programs across the Garden State that include residential care, foster care, special education schools, preventive home visitation programs for mothers with babies, and community-based clinical services. Our commitment to help those in our community who are disenfranchised and feel forgotten has not wavered and we will continue to advance to meet their needs for the next 100 years.

Organization Officers

Tara Augustine

President/CEO

Dr. Sharon Mason-Bell

Medical Director

Nancy G. Kenney

Chief Financial Officer

Jessica Shea-Brown

Chief Operations Officer

Hing Shung Chan

Chief Technology & Security Officer

Jamie Fox

Chief Quality & Compliance Officer

Ruthie Harper

Chief Development Officer

Steven Kessler

Chief Human Resources Officer

Erin McCloskey

Chief Information & Privacy Officer

Janis Nicolosi-Endo

Chief Communications Officer

Operational Vice Presidents

Andrew Beckford

VP, Staff Retention & Training

Deanna DeStefano

VP, NR Northern Nursing Services

Jennifer Flores

VP, NR Behavioral Health & Community Services

Rayletta Garrison

VP, NR Developmental Disabilities Svcs.

Ruth Ann Hunt

VP, Principal George Washington School

Dawn Jones

VP, SR Developmental Disabilities Svcs.

eckford David Morgado

VP, SR Behavioral Health & Intake Services

Leisa Tomchek

VP, Principal Sawtelle Learning Ctr.

William Waller

VP, Treatment Homes & Newark Campus

Kyle Wdzieczkowski

VP, SR Nursing Services

Dr. Dayna Zatina Egan

VP, Practice Integration

Our Locations

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284 Broadway Newark, NJ 07104 (973)482-8411

Hackensack Office

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Somerdale Office

20 E. Evergreen Avenue Somerdale, NJ 08083 (856)309-5420

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Building a Resilient Future

If we've learned anything over the past year, it is that we must be able to confront, head on, any unexpected challenges that come our way and be ready to safeguard the physical and emotional wellbeing of everyone in the YCS family. The current health crisis, rise in hate crimes and heightened awareness of racial and social injustices has weighed heavy on the minds of everyone in the YCS community. The YCS leadership has worked tirelessly to put into place an array of initiatives to address changing needs.

Incorporation of Reflective Therapy into Treatment

YCS has begun training front line employees in reflective counseling, supervising management in the application of reflective therapy techniques, and directly aiding programs to foster an enriching, therapeutic environment. 'The true goal of reflective supervision is to honor the humanity in both the staff and children and use this openness and understanding to compassionately guide our work/practice," says Dr. Zatina Egan, YCS VP Practice Integration.

Modernization of Technology

By investing in our technology, we are enhancing our employees' work experience and, in the process, creating a happier atmosphere for all at YCS. We've done this by transitioning our payroll, timekeeping and Human Resources systems to the Cloud-based UKG Dimensions platform. This innovative software enhances our employees' workplace experience and eliminates much paperwork stress. We've also switched all our electronic reporting and e mail functions to Microsoft 365. This advanced technology has built in robust security functions and facilitates the flow of communication across the agency.

Cultural Competence & Diversity Committee Expansion

This committee of volunteer employees has had a major impact on elevating the agency's responsiveness to diversity, equity and inclusion in our community. Following a Cultural Competence Survey, the committee launched a series of activities celebrating Black and Hispanic Culture, Women's History, and PRIDE. "Through the combined efforts of the committee and YCS employees, we can become an agency committed to standing up and advocating for the rights of all people," Yvonne Montemurro. YCS AVP, Training.

Introduction of Ombudsperson

Staff, participants, and family members can now directly contact the YCS Ombudsperson either by text, phone or internet to report their concerns safely and anonymously. By encouraging a speak-up culture that promotes inclusion, honesty and safety, the agency can effectively resolve issues before they become more serious. YCS is committed to improving employee and participants relations by building a positive, healthy work environment/culture where everyone feels valued for the person that they are.



YCS opened three new Sawtelle homes for young adults with developmental disabilities.

Mentorship Program for New Hires

YCS Staff Retention and Training (SRT) leadership is shadowing new employees for their first six months on the job to provide on-the-spot training and encouragement that helps the new employee build confidence in themselves and the important work they are doing. "Every day is a new learning experience for me. My mentor wants me to succeed and has taught me the importance of teamwork. It has been the most gratifying part of my job," Dehkayah Mayo, residential assistant mentee.

Focus on Facility Renovations

Addressing the structural needs of some of our aging facilities has become a priority for the agency. YCS has begun investing in the quality of "the environment of care" under the new leadership of Luis Mangual and Mark Scanish. Over the past year, their crew of 20 maintenance technicians have put a system into place to timely respond to requests for critical repairs at YCS residences. "A person's living conditions is the foundation for everything – it influences how residents feel about themselves and how they believe others feel about them," says Mr. Mangual.

YCS: At a Glance



















Medical/Nursing

Administration

75

71

633

10

81

99

105



Number of Programs



YCS Children & **Families Served**



Counties Served



Families Served FY 2020-2021

Community Based Program

63%

Children's

23%

Adult's Residential Care Residential Care

Schools

8%



Programs

Programs 44

Residential

Children Behavioral **Health Homes**

16

Children Intellectual/ Developmental Disabilities Homes

Adult Intellectual/ Developmental **Disabilities Homes**

20



Medicaid

NJ Department of Education

Other Revenue

NJ Department of Developmental Disabilities

72.3% 16.4%

10.1%



Nurses Deliver Hope & Bundles of Joy

"I used to feel embarrassed, but now I feel proud."

Nurse Family Partnership (NFP) is an evidenced based, internationally recognized home visitation program that plays a critical role in guiding at-risk, low-income, expectant, first time mothers through their pregnancies until their child's second birthday. The onset of the pandemic created unprecedented challenges for the program.

Many of the moms did not have the benefit of a strong family support system and depended on their personal time with the nurses for regular home visits. The young women often looked upon their nurses as their best friends or second mothers, according to Tesha Bright, RN, and a nurse home visitor since the program's start 14 years ago.

However, the crisis offered the nurses an opportunity to respond with creative solutions. For one, the moms had greater access to their nurses because of how quickly the program adapted to telehealth visits. A nervous new or expecting mom could now call her nurse with greater accessibility when she was faced with a problem or a question about her health or her baby's health. She did not have to wait for a visit. The nurses also took a more active role in doctors' visits if a mom felt uneasy. "We participated in more virtual visits with a mom's obstetrician or pediatrician and were able to advocate for her or her baby, and help her carry out a doctor's instructions," said Ms. Bright.

Ms. Bright recalls supporting one mother during a virtual doctor's visit where she learned she had very high blood pressure. Afterwards, the mom did not know how to use the monitoring device her physician had prescribed. Ms. Bright was able to FaceTime with the mom and teach her how to safely use the apparatus.

Another NFP nurse, Katherine D'Addio recalls guiding a 16 year-old girl through her pregnancy and a positive diagnosis for Covid. Ms. D'Addio encouragement and medical advice were critical in helping Maria through these frightening, emotional times.

"Maria was overwhelmed when she enrolled in NFP. She did not have many family members in the United States to support her," said Ms. D'Addio. "I knew Maria would be okay because she was committed to the program and eager to do whatever it took for her to deliver a healthy baby."

Following the delivery of a healthy baby girl, Ms. Addio continued meeting virtually with the young mom and her baby. She instructed Maria on breastfeeding and championed her efforts to continue her education and graduate high school a year early.

Maria recently told Ms. D'Addio, "I used to feel embarrassed, but now I feel proud."

"Maria should be proud!", said Ms. D'Addio, "Her daughter Zoe is thriving, and I am so honored to be part of their journey!"



In the past two years, the NFP is proud to report



158

Healthy Babies
Were Born



68

Moms Graduated From the Program with Their Toddlers



243

New Expectant Moms Enrolled

Breaking through the Silence of Autism

"He is learning very fast. We now have a window of hope."

Bethany Abrams will forever remember the day her 7 year-old son Sadiq, who is completely non-verbal and on the autism spectrum, communicated his first full sentence to her. Using his augmentative communication device for the first time he said "I want water flavored." That simple response to her question, and then a second question, indicated that her son would now be able to express his thoughts. "It means the world to me that Sadiq will have the ability to fully communicate," said Bethany.

The journey to Sadiq's breakthrough began shortly before the pandemic hit at the beginning of 2020. One day as Sadig sat by his mother's side while she ordered groceries online, he grabbed her hand to return to the previous screen with his favorite treat. She shared this observance with his therapists at the YCS Sawtelle Learning Center and they did an evaluation to determine if he would be responsive to an augmentative/alternative device. The results were encouraging, and his therapists and teacher began teaching him the technology at school.

Then in March, the State ordered a shutdown, and all the schools transitioned to virtual instruction. Bethany knew her energetic son's neuro-atypical challenges were incompatible with remote learning. "Sadiq likes going to school and he craves the personal interaction and reinforcement he gets from his therapists and teachers," noted Bethany.

His teacher and therapists at Sawtelle completely understood. They prepared individualized lessons and instructed Bethany and her husband, Nate, on how to implement them. "We did our best working with Sadiq three to four times each day on his lessons, but it simply was not enough," explained Bethany. She knew her son would regress if he did not have the intensive one-on-one, in person, ABA (Applied Behavioral Analysis) therapy he was receiving at Sawtelle.

Leisa Tomchek, VP of YCS Autism Services/Principal, was also concerned about Sadiq. "Whenever I thought about when and how we could reopen the school Sadig would always come to my mind. I knew how much he and his family needed us and how critical in-person learning was for him."

In September, the Sawtelle staff made the decision to keep the school open full-time for any family that requested in-person learning for their child. The Abrams were elated. As a result, Sadiq has made great strides despite the cloud of the pandemic. "He is learning very fast," says his proud mom. She is confident those first two sentences are only the beginning. "We now have a window of hope."



Our Ultimate Goal is to Reunify a Child with Their Family

"A parent's worst nightmare is losing hope. When all hope was lost, YCS gave our family hope again. Thank you for bringing our little girl back to us."

Samantha Marino, Shay's stepmother.

There were moments in Shay's life when she enthusiastically looked forward to every day. She loved dance class, playing softball on the town's team, music, butterflies, and cooking with her stepmom. Her family jokingly called her the "baby whisperer" for the way she could calm a crying baby. However, Shay was oftentimes overcome by sadness and anger from past family traumas. At the age of nine, she was hospitalized when her family and clinicians feared for her safety.

"Shay was so distant, I felt like we lost our little girl," recalls Samantha Marino, Shay's stepmother. Due to the Covid-19 lockdown, it was six months before Shay was able to safely transition to the YCS Holley Residential Treatment Center. Shay slowly began to trust her therapist and confided that she did not understand why she was so angry. Shay wanted to know why she acted out the way she did when she got upset and how she could stop it from happening.

Through intensive, trauma-informed therapy and the Nurtured Heart Approach to healing, Shay became in touch with the reasons for her emotional and physical outbursts. She began to keep a journal and learned ways to communicate her thoughts and feelings before they escalated into disruptive behavior. Together with her therapist, Shay set personal goals and an action plan.

At the YCS George Washington (GW) School, Shay also made significant academic and social progress. Her reading and math assessments at the end of the school year showed strong, steady improvement, according to her teacher, Jacky Dykeman. "When Shay was upset and needed to talk, I validated her feelings and gave her the space to speak freely so she could then refocus on her academic work." said Ms. Dykeman.

At bi-weekly, virtual family therapy sessions, Shay and her parents began to rebuild their relationship. Ms. Marino also took part in GW School's virtual parent support group with the school's clinical director. As Shay's health improved, day passes to visit with her family turned into weekend stays. During these visits, if Shay felt anxious, she used the coping skills and breathing techniques she learned to communicate her feelings and needs. The visits were happy times for all, according to Ms. Marino. These periods with her family also motivated Shay to stay focused on the recovery milestones she was working towards.

On April 29, 2021, after nine months at the Holley Center, Shay returned home. With the support of in-home therapy, Shay is continuing to build on her progress and self-confidence. She looks forward to returning to school and is making plans to join the school council and start a Greek mythology club (another one of her many interests). The energetic girl who loves butterflies and dancing is once again enjoying life.



Statistic for Reunifications



In the past fiscal year, 64 children in YCS residential care were successfully reunited with their biological family or resource (foster) families

Allied Therapies are a Source of Comfort & Joy

"Art therapy taught me that when I'm in the midst of a storm all I have to do is paint myself a rainbow."

If you stop by YCS Davis House you may see some of the children enjoying splatter painting. It is one of several allied therapies, including music and pet therapy, that youth in YCS residences regularly take part in to support their recovery from trauma or other behavioral health challenges. "Splatter paint is not only a healthy and expressive way to relieve tension or aggression, but it also results in something beautiful that the youth can be proud of," says Courtney Medina, YCS art therapist.

Art therapy is one of several methods that utilizes creative expression to promote healing and mental well-being. Ms. Medina and fellow art therapist, Samantha Faul, help the youth gain self-awareness and develop new coping skills through diverse types of creative projects.

"Art therapy is a unique form of therapy that allows individuals of all populations, diagnoses, ages, and backgrounds to not only express themselves, but heal in a way that is different than traditional talk therapy," said Ms. Medina. "It is almost like hiding therapy in fun activities, as youth sometimes don't even know that they are learning important coping or life skills or learning more about themselves and their needs until we process together afterward."

In one instance, participants were given the opportunity to utilize watercolor painting while listening to music. During discussions around the activity, participants talked about how different music elicited different emotions and memories. They became mindful of how their bodies felt when listening to various types of music and learned how music can be used as a coping skill.

Aniya, a young lady in the YCS Intensive Residential Treatment Services (IRTS) program on the Kilbarchan campus has shown great progress in communicating how she feels since participating in the allied therapy program. She has been especially responsive to spoken word and poetry. Aniya has nurtured and mended her relationships with her family through her art work and accompanying counseling.

"Art therapy taught me that when I'm in the midst of a storm all I have to do is paint myself a rainbow." said Aniya.



Lucy, therapy dog of YCS' IRTS Medical Director Dr. Mary Askew, is also part of the allied therapy program at Kilbarchan. Interacting with a friendly animal, supports mental well-being by increasing social interaction and reducing stress, according to Dr. Askew. When she meets with the youth individually, Lucy may attend. "Interacting with a pet helps the youth stay in touch with their own emotions and others' emotions," says Dr. Askew. "It helps the youth see outside themselves and makes them feel important."

Nurturing the Hearts & Minds of Our Students

"My son is now much calmer and more self-aware."

If you walk down the hallways of the YCS George Washington (GW) School, you may hear students saying things aloud like "I got this," "I'm okay' or "I can try again." Self-Talk is just one of many ways Social Emotional Learning (SEL) and the Nurtured Heart Approach (NHA) is helping the students encourage themselves and better communicate their feelings.

Over the past 18 months, SEL and NHA have become integral parts of the GW curriculum. According to GW principal, Ruth Ann Hunt, these trauma-informed approaches help students manage their behaviors, and much more. "This is a culture that has become embedded into the school's unique multi-sensory approach to the diverse ways students learn."

"Every day the students work on enhancing their emotional vocabulary to better communicate their needs proactively and use their coping skills when they feel anxious, frustrated or angry," explains Ms. Hunt.

Since SEL/NHA have been implemented the atmosphere is more relaxed and students are more engaged in learning. "Our goal is to build our students' self-confidence and undo any negative beliefs that they hold about themselves because of past experiences," says Prudence Kelly, GW Clinical Director.

The GW clinical team has been especially encouraged by the progress of one 12 year-old student who was recently reunited with his family after being separated from them multiple times over the past several years. "The resilience and self-confidence he has gained from the program has been transformative. His ability to share his insights and cope when faced with difficult situations has inspired all of us," said Ms. Kelly.

Anthony Alicea has also seen tremendous improvements in his son's behavior and attitude since attending GW. "Jaiden has a very strong character and lots of energy that often got him into trouble in his old school." At GW, his teachers saw his strong character and energy as strengths that needed to be channeled. "My son is now much calmer, and more self-aware." Because of Jaiden's hard work to better understand himself and self-regulate his feelings and behavior, he will be returning to his home school in the fall.

Just as the entire GW team strives to recognize the children for what they do right, we want to applaud them for the amazing work they are doing every day at the school.



Young Mom was Just a Phone Call Away from her Counselor

"They made me feel comfortable and I never felt judged or criticized. I am the parent I am now because of PAT."

Cristina Garcia

When Cristina Garcia found out she was pregnant, she called her health insurer seeking services for first time moms. Cristina is legally blind and lost her mother at a young age. She did not know how to be a mother and she knew she needed help. She was referred to the YCS Parents as Teachers (PAT) program. When Cristina called, she spoke to Pia Ababon, PAT counselor. She felt so inspired by Pia because she was incredibly positive. "I was excited," said Cristina.

During Cristina's pregnancy, Pia came to see Cristina and her husband Lewis every month and taught them about their baby's development. She showed them pictures of how the baby would develop throughout her pregnancy. "I was excited about that because I can't read." said Cristina. "It was nice for her to read to me. I knew I wasn't alone in this."

Pia provided information about the Special Supplemental Nutrition Program for Women, Infants, and Children (WIC), and Medicaid, advised her on how to eat right and get enough rest, and assisted Cristina with planning her future routine with the baby. Cristina and Lewis reflected with Pia on their strengths and areas of growth and then worked on goals to address those areas. When Cristina had anxiety, Pia showed her relaxation techniques and ways to manage stress.

After Cristina gave birth to her daughter Lindsay, she experienced postpartum depression and Lewis lost his job. Pia's help was crucial for her family during this time. She spoke to Cristina about her depression during their sessions and provided the phone number for a postpartum depression hotline. She also provided resources to help Lewis find a job.

The PAT program works with parents and their children from birth to five years old. During this time, Cristina learned about activities to reinforce Lindsay's motor, speech, and social skills development and learned to establish rules and limits for her child.

"Cristina and her husband were wonderful," said Ms. Ababon. "They used all the tools from the program and always wanted to know more. They were a joy to work with."

When Pia went on maternity leave, Jorge Montanez-Murillo, program director, took over and worked with Cristina during her last year in the program. "Cristina is a parent who was hungry to know how to help her child excel," said Jorge, "She wanted to know how to respond to her child in the most nurturing way possible."

"Pia and Jorge were very compassionate." said Cristina, "They made me feel comfortable and I never felt judged or criticized. I am the parent I am now because of PAT."



Nurses Take the Lead During Covid-19 Protecting the YCS Family

"Deanna was very reassuring, she answered all my questions and took the time to explain things to me. Making the arrangements for the Covid vaccine to be available to my son was very important to me. Deanna is an extraordinary and remarkable nurse."

Barbara Schutt, Parent

The YCS Nursing Department has worked tirelessly to keep all the individuals in our residential programs and every employee safe during the COVID-19 health crisis.

"This past year has been filled with many days and nights worrying, writing [health updates], procuring PPE, and reassuring everyone that we would get through the pandemic stronger than we were before," said Kyle Wdzieczkowski, VP of Nursing (Southern Region)

At the onset of the pandemic, Ms. Wdzieczkowski and Deanna DeStefano, YCS VP of Nursing (Northern Region), scrambled to find enough masks and all other PPE supplies needed for our 44 residential facilities, schools, and administrative offices. They took it upon themselves to scour the internet and drive long distances on their time off to pick up and deliver supplies.

The Nursing Department set up several quarantine sites and vigilantly monitored the care of children who were exposed to the virus. The nurses frequently communicated with family members who were unable to visit their children and updated them on their children's health and wellbeing.

Ms. Wdzieczkowski and Ms. DeStefano also provided weekly health education and CDC updates to keep the staff informed on the latest research while coordinating regular Covid testing at various sites to make it easier for employees to be tested.

Once the vaccine became available, Nursing organized multiple CVS vaccination clinics at YCS sites so any YCS eligible client or staff could receive the vaccine. They have made earnest efforts to encourage employees to receive the vaccine and have made themselves available to consult privately with any employee or family member who had concerns.

Out of concern for the emotional and psychological health of the staff, Ms. DeStefano, has also been co-hosting a weekly virtual, counseling session called "Connections" to help employees cope with the stress of the pandemic



Greeting the World with a Smile

Simone looks forward to her new independence

"Simone has adjusted beautifully to her new home."

Simone shines in the kitchen at her new home in a YCS Sawtelle Supervised Apartment, in Absecon. She assists in everything from planning weekly menus and prepping meals to grocery shopping. She prides herself on being a thrifty shopper. "I want to use my money wisely," says the soft spoken 27 year-old, who loves the new independence she has achieved after transitioning from another YCS home for young adults with complex developmental disabilities.

"Simone has adjusted beautifully to a less restrictive environment," says Ayana Baker, House Manager. "She completes all her chores without prompting and initiates many of the ideas for the home's entertainment."

At Sawtelle Absecon, Simone has set new goals for herself as she works towards greater independence. Although her plans to find employment through the Division of Vocational Rehabilitation (DVR) were temporarily derailed because of the Pandemic, Simone is consulting with her counselor to determine the most suitable work. She is leaning towards becoming a greeter at a retail store because she says she likes to smile and make people happy. Baker agrees, "Simone has a very warm and welcoming personality and takes a lot of pride in her appearance. She'd be great at greeting customers."

It has been a long journey for the amiable young lady to get to where she is today. Simone was 14, when she arrived at the YCS Sawtelle Sewell Home, after many disappointing, disruptive placements with several other treatment center providers. Sewell, a home for children affected by autism and trauma, was considered to be the last hope in helping Simone gain stability.

In the beginning, it was all about gaining Simone's trust, according to behaviorist Yakima Allen. Once she could sense that the staff was genuinely concerned about her as a person, not a client, the window for recovery opened. At Sewell, Simone became receptive to intensive therapy, and acquired the coping and social skills that enabled her to take part in her community.

After aging out of the children's system of care, and consequently the YCS Sewell Home, Simone transitioned to YCS Sawtelle Wilingboro, a home for young adults that focused on teaching participants social and daily living skills. As Simone continued to make progress, she qualified for a step down to a YCS Absecon supervised apartment and greater independence. Simone has created a vision board with all her hopes for her future. We wish her luck as she pursues her dreams.



Justin's Forever Family Sticks by Him Through a Hard Year

"I learned to look at the bad as good."

2020 was going to be Justin Shaw's year. He would graduate from Kean University in the spring with a degree in Psychology and head out to make his mark on the world. He could not foresee the series of setbacks that awaited him including a car accident and the temporary loss of his job because of the Coronavirus. Most significantly, he had a difficult time adjusting to remote learning.

"I learned to look at the bad as good," explains the wise 26 year-old.

He credits the unconditional support of his YCS foster/adoptive parents, Evelyn and Murray Shaw, for his positive outlook. Justin was 11 years old when he transitioned into their home from a YCS therapeutic residence. It was the last leg of a long journey that began at the age of five when he was placed in the custody of child protective services. "I was angry and confused so I pushed everyone away who tried to help me." After two hospitalizations and brief stays in five foster homes, Justin met his YCS forever family.

"We have loved Justin from day one," says Mrs. Shaw. "We are determined to help him reach his goals. He deserves a good life."

According to Justin, the Shaws have been his anchor especially during college. "They have always believed in me, and I am very thankful for their support." The course work at Kean was very tough, but he was determined not to give up. Ultimately, he knew it was up to him to encourage himself. In May 2020, he received his Bachelor of Arts Degree in Psychology with a minor in Criminal Justice.

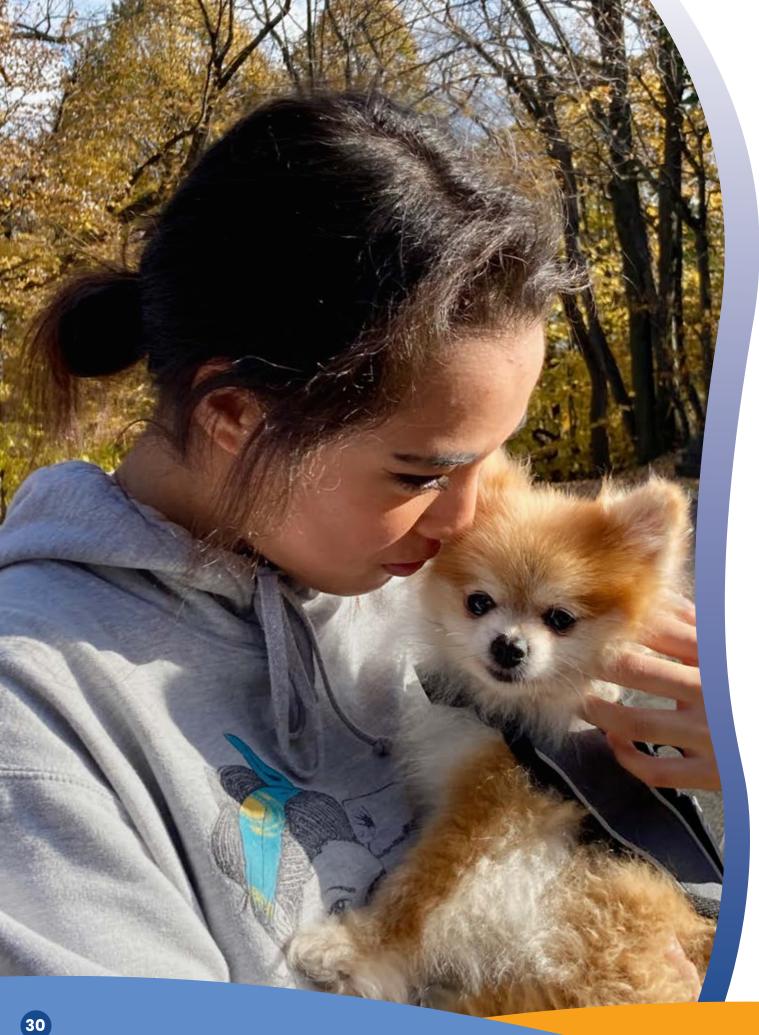
Justin is now employed as a security guard while pursuing a music career. "Music has always been an important part of my life," says Justin. It has helped him get through many dark days. The choir director at his family's church is giving him private voice lessons, and he is busy writing and recording new songs.

"I have prayed hard on this and asked God to show me if music was for me." After several encouraging encounters, Justin is more determined than ever to inspire others through his music. But, if this does not work out, he knows he will still be doing something meaningful. "I am supposed to help a lot of people - I am just not sure how yet."

Mr. Shaw says he sees Justin's drive and desire and he stands behind his son. "I told him once he makes it, he has to remember where he came from and encourage other kids like him."



When a member of the YCS Treatment Home team interviewed Justin at the Holley Center, he could see that Justin was seeking a permanent family. "Mr. and Mrs. Morris were the perfect match. The experienced YCS Treatment Home parents worked well together to meet the needs of the children in their home, and they were interested in fostering a child with the intent to adopt,": said William Waller, VP YCS Treatment Homes. After multiple visits to the Morris' home and sessions with his clinician, Justin was placed in the Morris' care. The YCS Treatment Home team consisting of a nurse, therapist, mentor, and family support worker provided all the wrap–around services Justin and the Morris' needed to reach their goal of adoption. To this day, Justin and his family know they can reach out to the team anytime.





Foundation

The YCS Foundation is dedicated to making a meaningful, measurable difference in the lives of individuals served by YCS while safeguarding the trust of our donors, sponsors, and community partners

Grant Awards

\$675,000

Holiday Appeal

\$100,000

Target Appeals \$100,000

Goods & Services

\$400,000

Target Appeals Sum

Charity Golf Classic

\$125,000

Summer Enrichment

\$30,000

Your Support in Action

When children's needs are met, they can do what children do best – grow into the people they dream of becoming.

Words cannot adequately express the gratitude we feel for the outpouring of support we have received from our community of donors and volunteers during this time of crisis. We told you about the selfless efforts of our staff, to keep all the residents in our group homes safe and cared for 24/7. You have responded to their needs without hesitation.

Holidays at YCS

The holidays are always a difficult time for those in YCS' care – leaving them feeling separated and alone. The safety protocols put into place to protect individuals during the pandemic isolated them even further. The generosity of YCS Secret Santas and donors provided funds for celebrations and gifts for the children and brought the joy of the season directly into YCS group homes.

Telehealth

The care provided by YCS medical and clinical teams are a lifeline for the individuals living in YCS group homes. This became even more critical during the pandemic as the crisis led to a spike in emotional and mental distress for the children and their families. Grants and donations for Telehealth computer equipment provided remote care to the children without any disruption and gave them a way to stay connected to their families.

Make a House a Home

As much as therapy plays a critical role in the healing process of those in YCS' care - so does the environment. An inviting and homelike atmosphere allows YCS residents to feel safe to live and grow. Donor funds ensure that the residents enjoy comfortable and inviting homes where they feel warm and protected.

Pandemic Relief

When YCS group homes went into lockdown at the start of the pandemic, protecting the participants was our number one priority. Selfless YCS donors responded immediately with PPE (Personal Protective Equipment) supplies and generous donations of new furniture, bedding, household goods, televisions, computers, and more for the newly created quarantine homes. YCS donors also sent in food, games, and toys to remind the YCS residents that they were not forgotten.



Allied Therapies

Sometimes, the best way to help a child safely process their trauma and express their feelings is through child-friendly art, music, and pet therapies. Generous donor funds help to bring in gentle and effective treatments to help the children feel connected to the world around them and gives them comfort.

Volunteer Spotlight



JOAN HICKEY - A Trusted Friend

For over 30 years, Joan Hickey has exemplified the true meaning of being an advocate for the children of YCS. Most people can champion for their own rights, but Joan is someone who gives a voice to the children of YCS through her gifts of time, talent, skills, and spirit. Her philanthropy is a calling driven by her honesty and personal integrity. She is the first to arrive and the last to leave – always doing her part not for fame or glory but for the quiet satisfaction of helping the children at YCS. As said by Maya Angelou, "I've learned that people will forget what you said, forget what you did, but people will never forget how you made them feel." Joan has always made the children feel remembered, cherished, valued and most importantly loved. Joan's commitment to the children gives them hope for a brighter tomorrow.



The Children's Place - Corporate Engagement in Action

The Children's Place is a beloved apparel company that embraces the vibrant and exuberant spirit inside every child - a philosophy that guides their approach to corporate philanthropy and employee engagement. YCS is so fortunate that The Children's Place extends their love, genuine care, and concern for the welfare and happiness of the children at YCS. Their associates personally serve as positive role models to our children, sharing their knowledge, time, and attention – and generosity. The corporation's commitment to our children is felt through new clothing donations as well as other support for the children's greatest needs. During the Covid-19 health crisis, they gave YCS a generous grant to purchase Telehealth equipment. These life-saving measures are paired with the financial commitment of the corporation, their Board of Directors and associates. Their generosity has allowed the children at YCS to realize once-in-a-lifetime experiences and new memories.

YCS Charity Golf Classic - A YCS Tradition

Events play a crucial role in bringing much-needed support for the vital and life-changing programs and services YCS provides for the community and for those entrusted to our care. For over 20 years, the YCS Charity Golf Classic Committee has brought New Jersey's premier foundations, individuals and corporations together for a worthy and meaningful day for one common cause – the children of YCS. The funds raised from this event help ensure that YCS can provide early intervention & prevention, community mental health support, specialized learning services, and the essential roundthe-clock daily care for those in YCS safe havens. The YCS Charity Golf Classic is fortunate to enjoy the camaraderie of sponsors and foursomes who have been devoted to our children for years – and to welcome new faces committed to enriching and enhancing the lives of the children. During the Covid-19 pandemic, the YCS Charity Golf Classic had its most successful year ever, enabling YCS to provide transformative care to even more children – at a time when they needed this care more than ever. We are so grateful to everyone who supports, donates, and participates in YCS events.



What it means to me to be a YCS Trustee - John Ehresman

I was introduced to YCS in 1993, when as an employee of Brown & Brown of Leigh High Valley I was part of a team that helped YCS obtain commercial insurance. Because our company specializes in providing coverage for agencies that serve children with special needs, we understand the complex issues and unique risks that arise from such arduous work. Over the years, I was able to observe firsthand how YCS overcame many obstacles as they remained steadfast in their commitment to provide the best possible care for each child despite a myriad of trying circumstances.

When the YCS Foundation was established several years later, Brown & Brown welcomed the chance to get personally involved and become sponsors to such fundraising events as the golf outing. In 2020, I was honored to be asked to join the YCS Board of Trustees. Working with organizations like YCS and serving the non-profit community has been the basis of my career, so giving back in the form of board membership was an easy decision.

I believe childhood is precious, and it should be a time for exploring and creating some of the happiest memories. The children in YCS' trusted care deserve these same opportunities. Without the financial support of corporations, helping agencies like YCS cannot provide the critical augmentative services needed to give each child the best chance for a fulfilling, joyful life. This Annual Report is a poignant testament to what can be accomplished when children and families have access to an array of services and the assistance of expert clinical staff.

I am proud to say that for more than 28 years Brown & Brown has been a steady contributor to the well-being of children at YCS by offering financial support. It is now our privilege to sponsor the Annual Report and shine a light on its accomplishments.



Brown & Brown Insurance, the sixth largest insurance broker in the United States, has been providing insurance and loss control services to its customers for over 80 years. John Ehresman and the Brown & Brown of Lehigh Valley office has been invaluable in serving the needs of YCS staff and clients, helping safeguard the agency's future growth. We are honored and extend our sincerest thanks to John and Brown & Brown of Leigh High Valley for their contribution to underwrite the YCS 2020 Annual Report.

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"I can no other answer make, but thanks, and thanks, and ever thanks."

Leisa Tomchek

William Shakespeare

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Myra & Charles Wrubel **Wyckoff Brownie Troop** Wyckoff Moms Yellow Life LLC Beth Yingling YMCA Maplewood Sonya Yoler Magdalena Zacchia Ingeborg Zegwaard George Zilvetti Diane Zilz Betsy & Ed Zimmerman Zinburger Clifton Alan Zuckerman Herbert Zuckerman Zufall Health

In Memoriam

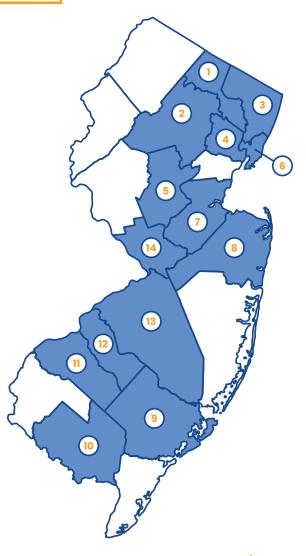
It is with deep sadness that we remember Monroe Grant and Marcia Kangas - two valued members of the YCS Family who passed away in the spring of 2020 from the Coronavirus.

For 26 years, Monroe was responsible for the maintenance at YCS May Academy and later George Washington School. He is remembered by his co-workers as being a kind, humble, trusted colleague who was the backbone of the schools. If something broke, Monroe was there to fix it. If a teacher needed help hanging a bulletin board or setting up for the schools' annual art shows, Monroe was there. His willingness to always help get the job done with calm and an ever present smile, kept the schools running smoothly.

Marcia Kangas worked for 17 years at the Holley Center. At the time of her passing, she was a senior personal assistant on the Sawtelle unit. Her enthusiasm for life and contagious hearty laugh was known to fill the hallways of the building. If you heard that laugh, you knew Marcia was working. She will always be remembered for the abundance of patience, humor and gentleness she showered on the children who she loved so dearly and the seriousness with which she took her job.

Monroe and Marcia may have left us, but their kind, generous spirits live on in the lives of all those who they touched at YCS.

Map Directory



1 - Passaic County

Residences

Kilbarchan Residential Treatment Center (21)
PAU (6) IRTS (6) – Paterson Campus
Sawtelle Home Thomas – Paterson (6)
Sawtelle Home Buffalo – Paterson (6)
Sawtelle Emergency Capacity System Home –
Haledon (4)

After-School Programs

School Based Youth Services, 21st Century Program, Parent Linking Program, & Prevention of Juvenile Delinquency Program – Eastside High School, Paterson (300+)

2 - Morris County

Residences

Sawtelle Home Pamela – Randolph (4) Sawtelle Home Emmans – Flanders (4) Sawtelle Home Morris – Denville (4)

Community Program

Nurse Family Partnership (50)

3 - Bergen County

Private School

YCS George Washington School- Hackensack (90)

Residences

Holley Child Care & Development Center (40), Sawtelle Hall (4), IRTS (7) - Fisher Hall (12)-Hackensack Campus Sawtelle Home Walnut - Northvale (4)

4 - Essex County

Residences

Malcolm House-Orange (5)
Davis House – Newark (17)
Muller Home – Newark (8)
Sawtelle Home Lawnridge – Orange (5)
Sawtelle Home Forest – West Orange (4)

YCS Private School

YCS Sawtelle Learning Center (90 plus)

Community Programs

Nurse Family Partnership (175)
Institute for Infant & Preschool Mental Health;
Doctoral Internship Program; Helen May Strauss
Clinic (150+); Adoption Searches

5 - Somerset County

Residences

Sawtelle Emergency Capacity System Home Amwell – Somerset (4) Sawtelle Pearl St. Home – Bridgewater (4) Sawtelle Home Burning Bush – Bridgewater (4)

6 - Hudson County

Community Programs

Parents as Teachers (60) Helen May Strauss Clinic (97)

7 - Middlesex County

Residences

Laurie Haven Home-Edison (10) Sawtelle Home Greenbrook (4)

8 - Monmouth County

Residence

Sayre House – Farmingdale (8)

9 - Atlantic County

Residences

Sawtelle Home Buena Vista (4)

9 - Atlantic County (Continued)

Estell Manor Home (8)
Sawtelle Apartments Absecon (2)(2)
Emergency Crisis Stabilization & Assessment
Program (CSAP) - Hammonton (5)

10 - Cumberland County

Residence

Vineland Home (5)

11 - Gloucester County

Residences

Sawtelle Home Sewell (4) Sawtelle Home Wenonah (5)

12 - Camden County

Residences

Voorhees Home (6)
Haddon Heights Home (5)
Sawtelle Home Cedarbrook (5)
Sawtelle Home Camden (5)
Sawtelle Home Blackwood (5)
Sicklerville Home (9)
Emergency Crisis Stabilization & Assessment
Program (CSAP) - Winslow (5)

13 - Burlington County

Residences

Sawtelle Home Toledo (4)
Sawtelle Home Willingboro (4)
Sawtelle Home Echo Hill (4)

14 - Mercer County

Residences

Sawtelle Home Hilltop - Princeton (4)

15 - Statewide Services

Program

Specialized Foster Home Program (51)



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For more information, please contact us at: support@ycs.org or 201.678.1312



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